



EDIFY

— COUNSELING GROUP —

PROFESSIONAL REFERRAL GUIDE

*Trusted mental health care for
individuals, families, providers, and communities.*



COMPASSIONATE
CARE



PROFESSIONAL
EXCELLENCE



COLLABORATIVE
PARTNERSHIPS



RESTORING HOPE.
EMPOWERING LIVES.



Why Edify?

CLINICAL EXCELLENCE. COLLABORATIVE CARE. TRUSTED PARTNERSHIPS.

At Edify Counseling Group, we partner with physicians, hospitals, schools, attorneys, military organizations, and community providers to deliver timely, evidence-based mental health care.

Whether you’re referring a patient for therapy, psychiatric medication management, psychological testing, or specialized behavioral health services, our team is committed to providing exceptional clinical care while maintaining clear communication with every referral source.



EVIDENCE-BASED CARE

Our treatment approaches are rooted in proven methodologies and best practices to promote lasting outcomes.



TIMELY ACCESS

We prioritize prompt scheduling and reduce barriers to care so your patients get help when they need it.



COLLABORATIVE COMMUNICATION

We keep referring providers informed every step of the way through consistent, professional, and secure communication.



PSYCHIATRIC SERVICES

Comprehensive evaluations and medication management by experienced psychiatric providers.



PSYCHOLOGICAL EVALUATIONS

Thorough assessments for diagnostic clarity, treatment planning, and personal or legal needs.



INDIVIDUAL • COUPLES • FAMILY THERAPY

Compassionate, personalized therapy for individuals, couples, and families across all stages of life.

“ *Every referral represents a life entrusted to our care. We take that responsibility seriously.* ”



COMPREHENSIVE MENTAL HEALTH SERVICES

Edify Counseling Group provides a full spectrum of mental health services designed to support individuals, couples, families, and organizations at every stage of life. Our multidisciplinary team delivers evidence-based, compassionate care tailored to meet each person's unique needs.



INDIVIDUAL THERAPY

Support for anxiety, depression, stress, relationships, and life transitions.



COUPLES THERAPY

Strengthen communication, rebuild trust, and deepen connection in your relationship.



FAMILY THERAPY

Improve family dynamics, resolve conflict, and build healthier relationships together.



PSYCHIATRIC MEDICATION MANAGEMENT

Comprehensive evaluations and ongoing medication management by experienced psychiatric providers.



PSYCHOLOGICAL EVALUATIONS

Thorough assessments for diagnostic clarity, treatment planning, and legal needs.



TEMPERAMENT ASSESSMENTS

Unique insights into personality, behavior, and relationships to promote personal growth.



MEN'S MENTAL HEALTH

Focused support for men facing stress, trauma, depression, and life challenges.



TRAUMA RECOVERY

Trauma-informed care to help you heal, rebuild resilience, and move forward.



ANXIETY TREATMENT

Evidence-based strategies to reduce worry, manage panic, and restore peace of mind.



DEPRESSION TREATMENT

Compassionate care to improve mood, increase motivation, and restore hope.



MILITARY & VETERAN SERVICES

Specialized support for service members, veterans, and their families. We understand.



TELEHEALTH SERVICES

Secure, confidential virtual care from the comfort and convenience of your home.



EVIDENCE-BASED

Clinical care rooted in proven practices.



COMPASSIONATE

We treat every person with empathy and respect.



COLLABORATIVE

We work together for better outcomes.



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www.edifycounseling.com

WE HELP PEOPLE

Build Healthier Lives. Stronger Futures.

At Edify Counseling Group, we walk alongside individuals and families through life’s challenges with compassion, expertise, and a commitment to lasting change. No matter where someone is in their journey, we are here to help.



NAVIGATE ANXIETY

Find relief from worry, overthinking, and panic through proven strategies that restore calm and build confidence.



STRENGTHEN RELATIONSHIPS

Build stronger connections, improve communication, and rebuild trust to create healthier, more fulfilling relationships.



HEAL FROM TRAUMA

Process past experiences in a safe and supportive environment and move toward healing, resilience, and restored hope.



MANAGE DEPRESSION

Rediscover joy, purpose, and motivation with evidence-based care designed to improve mood and quality of life.



RESTORE FAMILIES

Work through challenges and build stronger family bonds grounded in understanding, respect, and love.



SUPPORT MILITARY MEMBERS & VETERANS

Specialized care for those who serve and have served, addressing the unique stressors of military life and transitions.



DEVELOP HEALTHY COPING SKILLS

Learn tools to manage stress, set boundaries, and build emotional strength for a balanced and empowered life.



PERSONALIZED CARE. MEANINGFUL RESULTS.

Every person’s journey is different. We create a personalized plan to help you reach your goals and thrive.

“ You don’t have to face it alone.
We’re here to help you move forward. ”

OUR CLINICAL SPECIALTIES



Our diverse clinical specialties allow us to meet clients where they are and provide expert care that leads to meaningful, lasting change.



WOMEN’S & MEN’S MENTAL HEALTH

Empowering women and men to heal, build resilience, and live with purpose and emotional wellness.



COUPLES & MARRIAGE

Restoring connection, rebuilding trust, and strengthening relationships through evidence-based counseling.



CHILDREN & ADOLESCENTS

Supporting children and teens to overcome challenges, build confidence, and thrive emotionally, socially, and academically.



TRAUMA RECOVERY

Compassionate, trauma-informed care that helps individuals process, heal, and move forward with renewed hope.



PSYCHOLOGICAL EVALUATIONS

Clear answers, accurate diagnoses, and comprehensive evaluations to guide effective treatment and support important decisions.



PSYCHIATRIC SERVICES

Comprehensive medication management integrated with therapy for whole-person, collaborative care.



FAITH-BASED COUNSELING

Integrating faith and evidence-based therapeutic approaches to support spiritual growth, healing, and purpose.



*Whatever your journey, you don’t have to face it alone.
We’re here to walk with you every step of the way.*



INSURANCE & REFERRAL ACCESS

We are committed to making quality mental health care accessible and convenient. Edify Counseling Group accepts a wide range of insurance plans and offers flexible options for our clients.



WE ACCEPT MOST MAJOR INSURANCES

Coverage varies by plan. Our team will gladly verify your benefits and explain your options.

WE MAKE IT EASY

-
- BENEFITS VERIFICATION**
We verify your insurance benefits so you know what to expect.
-
- CONVENIENT SCHEDULING**
Flexible appointments, including evenings and telehealth options.
-
- IN-NETWORK & OUT-OF-NETWORK OPTIONS**
We will help you explore the best option for your needs.
-
- TRANSPARENT BILLING**
Clear communication about copays, deductibles, and balances.

WE ALSO OFFER

-
- SELF-PAY OPTIONS**
Competitive rates and package options are available.
-
- TELEHEALTH SERVICES**
Secure, HIPAA-compliant care from the comfort of home.
-
- FAMILY-FOCUSED CARE**
Support for individuals, couples, and families at every stage of life.
-
- TIMELY ACCESS TO CARE**
We prioritize getting clients the help they need—when they need it.

REFERRING IS SIMPLE



QUESTIONS?
Our referral & intake team is here to help.

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 info@edifycounseling.com
 www.edifycounseling.com



SCAN TO SUBMIT A REFERRAL
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Stronger communities.*

MEET OUR CLINICAL TEAM



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Healing Together.

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LASTING CHANGE.



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Michelle Johnson

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COMPASSIONATE CARE. PROVEN SUPPORT. LASTING CHANGE.

A coordinated team committed to thoughtful, person-centered care.

Serving clients and referral partners across Florida



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is here to help.



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Fast. Secure. Easy.

Quality care. Compassionate hearts.
Stronger communities.

EXECUTIVE LEADERSHIP & OPERATIONS

The people who keep compassionate care moving.



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Dr. Jason Prendergast

FOUNDER & PRESIDENT

LMHC, NCC, LCPC-ADVANCED CERTIFIED, CTT, PHD, MA, MBA

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Angel Belamia-Patual

PRACTICE MANAGER

Dedicated. Organized. Empowering Excellence.

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Jodyne St. Louis

CLIENT COORDINATOR

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**CLIENT COORDINATOR
CLINICAL INTERN COORDINATOR**



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Angelica Babadilla

ADMINISTRATIVE ASSISTANT

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LEADERSHIP WITH PURPOSE. OPERATIONS WITH HEART.

Coordinated support for every client, clinician, and referral partner.



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OUR MISSION

To provide compassionate, high-quality mental health care that empowers individuals and strengthens communities.



OUR VISION

To be the leading faith-centered behavioral health group practice known for excellence, integrity, and innovation.



OUR VALUES

Compassion
Excellence
Integrity
Collaboration
Respect

*Quality care. Compassionate hearts.
Stronger communities.*

THANK YOU

PARTNERING FOR BETTER OUTCOMES

We value the trust you place in us to care for your patients,
clients, and community members.

Together, we are building healthier,
stronger communities—*one life at a time.*



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Call or fax for referrals



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Email for referrals & inquiries



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Visit our website



Serving Clients Across Florida

In-person & telehealth appointments available

SETTING THE STANDARD FOR MENTAL HEALTH GROUP PRACTICE

COMPASSION. EXCELLENCE. RESULTS.

REFER. CONNECT. CHANGE LIVES.



EASY REFERRALS

Simple process.
Fast response.
Exceptional care.



STRONG PARTNERSHIPS

Collaborative
relationships built
on trust.



BETTER OUTCOMES

Together we create
lasting change and
stronger communities.



ALWAYS HERE

We are committed to
supporting you and
your clients.

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Fast. Secure. Easy.

Thank you for being a valued partner in
our mission to transform lives.